



**352•63•LASIK**  
LakeEyeLasik.com

# What to Know About Your Surgery

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## The Surgical Process

During your free initial exam, you'll learn if your general and eye health make you a good candidate for iLASIK. If you're approved for the procedure and want to proceed, we will ask for a \$200 deposit for a thorough pre-op eye exam, which will be applied to the balance of your surgery. You will want to bring sunglasses as your eyes will be sensitive to light. The exam will include measurements of how light enters your eye and any imperfections that affect vision. Then you will schedule a date and time for surgery, which is usually within 30 days of your consultation, longer would require the iDESIGN testing to be repeated.

You will be given written instructions on how to prepare for your procedure, your surgery date and time, pre- and post-operative surgery kit that will contain everything needed to assist in comfort and healing, like preservative-free artificial tears. You can also find out about our payment and financing options, which include CareCredit and Alpheon.

## Your Surgery Date

The day of your surgery, you will need someone to drive you to and from your appointment. Your face and body should be clean and free of all skin products, including sunscreen, make-up, powder, perfume, cologne and hair styling products like hairspray, gel, etc.

The surgery itself is quick, usually taking only about 15-20 minutes. After it is over, you will be asked to relax with your eyes closed for 20-30 minutes and then Dr. Gutti will examine your treated eye before your driver takes you home. You will be given

special eye drops to aid in comfort and healing and to prevent infection. You will also be given detailed instructions for complete at-home care, as well as a pair of soft goggles to sleep in the first 7 days after your surgery.

## Post-Op Care

After surgery, give your eyes loving care and let them rest as much as possible. Think of this time as a great excuse to nap and relax. For the first 24 hours, avoid eye-straining activities like reading and staring at a computer, tablet or cell phone screen.

Follow the post-operative drop instructions and wear the soft goggles provided while you're sleeping for 7 days after surgery.

Avoid getting water in your eyes for one week, being especially careful to keep eyes closed and water flow aimed away from eyes when you're in the shower or washing your face. Avoid eye makeup for one week.

Wear sunglasses for at least the first week after iLASIK. Avoid swimming, biking, horseback riding and other activities that might invite grit, dirt or wind to get into your eyes for at least two weeks. Should dust get into your eye, rinse it thoroughly with preservative-free artificial tears, not tap water.

Be careful not to rub your eyes for one month after the procedure.

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### Healing

The day of surgery, many people remain sensitive to light due to the laser treatments, and some report a feeling of redness, dryness, scratchiness or grittiness. In spite of these temporary conditions, most people notice their vision greatly improved immediately after surgery.

After your procedure, it is important to relax, take naps and allow your eyes to rest. Don't drive or do strenuous activities the day of surgery. Continue to use medical eye drops as recommended, preservative-free artificial tears for comfort, and follow all other instructions. Make sure to wear your protective goggles for the first 7 days/nights whenever you lie down to sleep.

The day after surgery, the vast majority of patients wake up to clear, crisp vision and can resume normal activities, including driving, immediately. It is normal for vision to be slightly blurry or to fluctuate after surgery. This typically resolves quickly as the eye heals over the next two to three weeks.

### Follow-up Appointments

You will need to have 4 follow-up visits. The first will be the very next day after surgery so Dr. Gutti can make sure everything is progressing exactly as it should. Most people awaken to noticeably crisp, clear vision and can drive themselves, but should you notice significant blurring, please have someone drive you to and from your initial follow-up appointment. You will then need to return in one week, one month and again three months after surgery, just to monitor progress.

If you have any questions about iLASIK, please feel free to give us a call at our Tavares location at **352-63-LASIK** or talk to your Lake Eye doctor, who will be happy to help you decide if iLASIK might be right for you.

